

Trail Planning Worksheet

Plan route details, safety notes, and post-walk reflection.

Best for Weekend plans	Format Printable PDF	Use Print or save offline
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Route

- Trail or route name:
- Location:
- Distance:
- Estimated time:
- Difficulty:
- Elevation gain, if known:

Conditions

- Weather forecast:
- Sunrise:
- Sunset:
- Trail notes or alerts:

Group

- Who is going:
- Experience level:
- Medical needs or allergies:
- Emergency contact:

Packing Notes

- Water:
- Food:
- Clothing:
- Navigation:
- Safety:

Turnaround Plan

- Turn around by this time:
- Turn around if:

After The Walk

- What went well:
- What should change next time:
- One thing noticed in nature:

Safety note: Share this plan with someone who is not joining the walk.