

Nature Journal Template

Observation prompts for outdoor noticing and reflection.

Best for Journaling habits	Format Printable PDF	Use Print or save offline
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Entry Details

- Date:
- Time:
- Place:
- Weather:
- Temperature or clothing needed:

Habitat

- Backyard
- Park
- Forest
- Field
- Wetland
- River or lake
- Beach
- Other:

Three Things I Noticed

- 1.
- 2.
- 3.

Sketch Or Diagram

- Draw one leaf, track, feather, cloud, plant, insect, or landscape detail.
- Add arrows, labels, or notes. Accuracy matters more than beauty.

Questions

- One thing I wonder:
- One thing I want to look up later:

Reflection

- How did this outdoor time feel?
- What changed since the last visit?
- Next visit idea:

Tip: Revisit the same place once a week. Small repeated observations make seasonal change easier to see.