

Leave No Trace Pocket Card

A compact reminder for responsible outdoor choices.

Best for Responsible exploring	Format Printable PDF	Use Print or save offline
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The Seven Principles

- Plan ahead and prepare.
- Travel and camp on durable surfaces.
- Dispose of waste properly.
- Leave what you find.
- Minimize campfire impacts.
- Respect wildlife.
- Be considerate of others.

Beginner Examples

- Stay on trails when possible.
- Pack out wrappers, food scraps, tissues, and litter.
- Watch animals from a distance.
- Leave rocks, flowers, feathers, and nests where you found them.
- Keep noise reasonable and share trails kindly.

Simple question: What choice helps this place stay healthy for the next visitor?